

Useful Contacts

Northants Mental Health Support Line 24/7:
0800 448 0828

The Green Patch:
01536 521555

Kettering Swimming Pool:
01536 234409

Citizens Advice:
01536 482281

Home Start Kettering:
01536 484318

Northants Domestic Abuse Service:
0300 012 0154

Kettering MIND:
01536 523216

Children's 0-19 Services Hub:
0800 170 7055

ChildLine:
0800 1111

Accommodation Concern:
01536 416560

BOOKING NOW OPEN!
THE KNIBB SUMMER HOLIDAY CLUB!

THE KNIBB, MONTAGUE STREET, KETTERING

PRIMARYS (5-10 YRS)
MON 24TH - THURS 27TH JULY

SECONDARY (11-14 YRS)
MON 7TH - THURS 10TH AUG
(AND)
MON 14TH - THURS 17TH AUG

CALL 58339 FOR MORE INFO

INCLUDING TRIP ON WEDS

ACTIVITIES INCLUDE COOKERY, ARTS & CRAFT AND SPORTS!

YOUTH WORKS
YOUTH ACTIVITIES

£40 FOR ALL 4 DAYS!
FREE FOR THOSE ON FREE SCHOOL MEALS

KETTERING BY THE SEA

2nd-26th August
10am-4pm daily (Mon-Sat)
Market Place

Kettering
TOWN COUNCIL

Youth Open Day at The Green Patch

PATCH FEST

Music | Candyfloss | Popcorn
Pizza | Glitter face paint
Hang-out space | Photo area

26th July 2023
4:00pm - 7:00pm

AGES 11-18 WELCOME

FREE

KETTERING ACTIVE FAMILIES
Fun Day 2023

North Park, Kettering
NN16 9JT
Wednesday 16th August 2023
12noon - 4pm

Activities include:

- Water Slides
- Circus Skills
- Archery
- Crazy Golf
- Arts & Crafts Activities
- Swing Ball Mania
- Bubble Station
- Glitter Tattoos
- Children's Soft Play
- Giant Garden Games
- Basketball & Football
- Family Sports run by local Sports Clubs & lots more...

Why not bring your lunch and have a family picnic?

Thank you to The Oakland Foundation for funding this event.

North Northamptonshire Council

North Northamptonshire Leisure

Shire Sounds

Freedom of Information

Oakland

REMINDER
Summer Camp
at
Athena Activities

Follow us on social media for the chance to win a free place

Summer camp for children in Reception* to Year 6 and Young Leaders Year 7 to 11 with:

Enhanced DBS checked staff

Prices from £3.90 per hour

All childcare vouchers accepted

Monday 24th July - Friday 1st September 2023

Corby Business Academy
Corby Old Village*
Kettering Tresham College - First 4 WEEKS
Kettering Science Academy - Last 2 WEEKS
KCA based at the Kettering Venues
Cottingham CofE*

*Reception age children can attend selected venues

8am-5pm**
HAF - 9am-3.30pm

** Please visit our website for exact times for each venue

To book please head to **athenaactivities.co.uk**

HAF: if your child is eligible you will receive an email with your unique voucher code from your school.

Contact us - enquiries@athenaactivities.co.uk
Call us on 07399595022

Sports, Arts & Crafts and Cooking sessions relating to Greek Gods.

Non HAF children need to bring a packed lunch and all children need a water bottle and sun cream

Interest free payment plans available

North Northants
FREE
Swimming

Free Swimming
available for all under 18 year olds in SUMMER school holidays
Every Weekday - Monday to Friday from Monday 31st July to Friday 25th August 2023
All bookings can only be made a week in advance.

Waendel Leisure Centre
Main Pool Only
from 1.35pm - 2.55pm
Call to book: 01933 221622

Kettering Swimming Pool
from 1.30pm - 3pm
Call to book: 01536 234409

The Nene Centre
from 1pm - 2.30pm
Call to book: 01832 734090

SPLASH Leisure Pool
from 11am - 12pm and 12pm - 1pm
Call to book: 01933 410505

Corby International Swimming Pool
from 11am - 12.30pm
Call to book: 01536 464643

Or scan this QR code for Corby pool only

All young people under 18 must be accompanied by a paying adult

North Northamptonshire Council

North Northamptonshire Leisure

Shire Sounds

Freedom of Information

Oakland

Summer Reading Challenge 2023
Ready, Set, Read!

Presented by The Reading Agency. Delivered in partnership with libraries.

Illustrations by Sarah Schaefer and logo artwork by Julie Freeman. All © The Reading Agency 2023.

FUNTOPA
The BIG day out for LITTLE Kids

Autism Sessions

Northampton Rd Rec Ground, Kettering
Sunday 30th July



Under 25s	Over 25s	Parents
YOUNG MINDS Crisis Messenger Text TM to 85258 Open 24/7	Mind Call 0800 123 3393 9am-5pm, Mon-Fri	YOUNG MINDS Text to 85258 Call 0800 802 5544 9:30am-5pm, Mon-Fri
THINK Call 0800 800 4994 3pm-12am, every day	SAMARITANS Call 116 123 Open 24/7	
Childline Call 0800 1111 24 hours, every day	For more advice and information visit: youngminds.org.uk/find-help	

Family Hub Activities 2023-24



Jump Back Up July 2023

ACTION FOR HAPPINESS

Happier · Kinder · Together

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Take a small step to help overcome a problem or worry	2 Adopt a growth mindset. Change "I can't" into "I can't...yet"	3 Be willing to ask for help when you need it	4 Find something to look forward to today	5 Get the basics right: eat well, exercise and go to bed on time	6 Pause, breathe and feel your feet firmly on the ground	7 Shift your mood by doing something you really enjoy
8 Avoid saying "must" or "should" to yourself today	9 Put a problem in perspective by seeing the bigger picture	10 Reach out to someone you trust and share your feelings with them	11 Look for something positive in a difficult situation	12 Write your worries down and save them for a specific 'worry time'	13 Challenge negative thoughts. Find an alternative interpretation	14 Get outside and move to help clear your head
15 Set yourself an achievable goal and take the first step	16 Find fun ways to distract yourself from unhelpful thoughts	17 Use one of your strengths to overcome a challenge today	18 Let go of the small stuff and focus on the things that matter	19 If you can't change it, change the way you think about it	20 When things go wrong, pause and be kind to yourself	21 Identify what helped you get through a tough time in your life
22 Find 3 things you feel happy about and write them down	23 Remember that all feelings and situations pass in time	24 Choose to see something good about what has gone wrong	25 Notice when you are feeling judgmental and be kind instead	26 Catch yourself over-reacting and take a deep breath	27 Write down 3 things you're grateful for (even if today was hard)	28 Think about what you can learn from a recent problem
29 Be a realistic optimist. Focus on what could go right	30 Reach out to a friend, family member or colleague for support	31 Remember we all struggle at times - it's part of being human				

Current Class Attendance

Pre-School: 87.17%

Butterfly: 90.95%

Ladybird: 90.72%

1CB: 93.66%

1EM: 91.67%

2SH: 92.75%

2VI: 93.44%

3MR: 93.75%

3EW: 90.96%

4MC: 93.66%

4RH: 93.16%

5SL: 94.09%

5JB: 96.33%

6AJ: 95.27%

6CS: 94.39%

Family Hub

Thank you to all of our families who have engaged in Family Hub Sessions this year. We are currently in the process of finalising our offer for next academic year with the Family Learning Team – look out for information on Class Dojo for what is to come!

If you would like to share your views as to the types of activities that you would like to see, we warmly invite parents/carers to complete our short survey by scanning the QR code to the left.

TURN UP AND PLAY WEEK ONE

31ST JULY TO 4TH AUGUST

FREE FOR AGES 7-13

10:30am to 12:30pm

MONDAY 31ST JULY
 North Park, Kettering (NN16 9JT)

TUESDAY 1ST AUGUST
 East Carlton Countryside Park, Corby (LE16 8TF)
 Xplorers

THURSDAY 3RD AUGUST
 Eastfield Park, Wellingborough (NN8 4AT)

FRIDAY 4TH AUGUST
 Well Lane Recreation Ground, Rushden (NN14 6TV)

TURN UP AND PLAY WEEK TWO

7TH AUGUST TO 11TH AUGUST

FREE FOR AGES 7-13 YRS

10:30am to 12:30pm

MONDAY 7TH AUGUST
 Desborough Leisure Centre, Kettering (NN14 2JJ)

TUESDAY 8TH AUGUST
 Irchester Recreation Ground, Wellingborough (NN29 7DE)

THURSDAY 10TH AUGUST
 Priors Hall Amphitheatre, Corby (NN17 5GS)

FRIDAY 11TH AUGUST
 Hall Meadow Park, Kettering (NN16 6FZ)

TURN UP AND PLAY WEEK THREE

14TH AUGUST TO 18TH AUGUST

FREE FOR AGES 7-13 YRS

10:30am to 12:30pm

MONDAY 14TH AUGUST
 Mawsley Playing Fields, Kettering (NN14 1GV)

TUESDAY 15TH AUGUST
 Kingswood Neighbourhood Centre, Corby (NN18 9HU)

THURSDAY 17TH AUGUST
 Thrappston, Peace Memorial Park (NN14 4JU)

FRIDAY 18TH AUGUST
 Meadow Road Park, Kettering (NN16 0AU)

TURN UP AND PLAY WEEK FOUR

21ST AUGUST TO 25TH AUGUST

FREE FOR AGES 7-13 YRS

10:30am to 12:30pm

MONDAY 21ST AUGUST
 Burton Latimer Recreation Ground (NN15 5FA)

TUESDAY 22ND AUGUST
 West Glebe Park, Corby (NN17 1SZ)

THURSDAY 24TH AUGUST
 Priors Hall Amphitheatre, Corby (NN17 5GS)

FRIDAY 25TH AUGUST
 Highfield Road Park, Kettering (NN15 6HL)

We are here to support any families in need, including over the summer break.

Our school Foodbank is stocked and available to Compass families.

Please contact us via email: wellbeing@compassprimary.org or on 01536 532707 where we will be happy to support.