



WEEK THREE

TUESDAY MONDAY WEDNESDAY THURSDAY FRIDAY Beef burger in a bun Macaroni cheese and Roast pork with apple Pork meatballs served **Harry Ramsdens** served with potato chicken pasta bake salmon and sweet sauce and stuffing, with tomato sauce served with roasted wedges beans with garlic bread and and diced potatoes, potato fishcake served MAIN potatoes and with chips and peas salad garlic bread vegetables of the day Gluten, Milk, Mustard, Sulphite Gluten, Soya, Celery Gluten, Celery Gluten, Fish Gluten, **Tomato and herb** Vegetable stew and **Cheese and potato Cheese and tomato** Vegetable burger in a VEGETARIAN herb dumplings with pasty with roasted bun served with chips pasta with garlic bread omelette served with mashed potato potatoes, vegetables diced potato, beans and beans Gluten, Celery, Milk Gluten, Celery Gluten, Milk, Mustard, Sulphites Gluten, Egg, Milk Gluten, Eggs, Soya, Milk Ham, cheese or tuna PACKED LUNCH roll with potato roll with crisps and roll with roast pots Roll with diced roll with chips and wedges and dessert dessert and dessert potatoes and dessert dessert Gluten, Soya, Fish, Eggs, Milk JACKET **Baked Beans** Cheese Ham Tuna Mayo **Baked Beans** POTATOES Milk if have butter Milk if have butter Milk Milk if have butter Milk if have butter Egg, Fish **Raspberry and white Chocolate sponge Orange Polenta cake Treacle sponge** Apple and cinnamon chocolate cake sponge THE FINALE Gluten, Eggs Gluten, Eggs Gluten, Eggs Gluten, Eggs, Soya, Milk Gluten, Eggs

WE CAN OFFER DIETARY ALTERNATIVES, PLEASE ASK FOR DETAILS FRESH BREAD, FRESH FRUIT, YOGHURT AND SALAD AVAILABLE EVERYDAY