



WEEK THREE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Beef Burger in a Wholemeal Bun with Diced Potatoes & Beans Gluten, Soya, Celery	Chicken Curry with Rice, Vegetables & a Poppadom Sulphites	Roast Turkey with vegetables, Gravy & Roast Potatoes Sulphites	Sweet and Sour Chicken Hong Kong Style with Rice Vegetables and Prawn Cracker Crustaceans, Gluten Soya	Jumbo Fish Finger with Baked Beans & Chips Gluten, Fish
VEGETARIAN	Veggie Sausage with Diced Potatoes & Vegetables Gluten	Tomato and Basil Pasta with Vegetables & Garlic Bread Gluten, Celery	Vegetarian Chilli with Rice and Tortilla Chips Gluten, Egg	Cheese & Onion Pasty with Vegetables & Potato Wedges Gluten, Mustard, Milk, Sulphites	Quorn Hot Dog with Baked Beans & Chips Gluten, Egg
PACKED LUNCH	Ham, Cheese or Tuna Diced Potatoes & Dessert Gluten, Soya, Fish, Egg, Milk	Ham, Cheese or Tuna Hash Brown & Dessert Gluten, Soya, Fish, Egg, Milk	Ham, Cheese or Tuna Roast Potatoes & Dessert Gluten, Soya, Fish, Egg, Milk,	Ham, Cheese or Tuna Wedges & Dessert Gluten, Soya, Fish, Egg, Milk, Sulphites	Ham, Cheese or Tuna Chips & Dessert Gluten, Soya, Fish, Egg, Milk
JACKET Potatoes	Beans	Cheese Milk	Sulphites Ham	Tuna Fish, Egg	Ham
THE FINALE	Chocolate School Cake Milk, Gluten, Egg	Caramel and Ginger Sponge Milk, Gluten, Egg	Strawberry Sponge Gluten, Egg	Black Forest Sponge Milk, Gluten, Egg	Peach Melba Sponge Milk, Gluten, Egg

WE CAN OFFER DIETARY ALTERNATIVES, PLEASE ASK FOR DETAILS FRESH BREAD, FRESH FRUIT, YOGHURT AND SALAD AVAILABLE EVERYDAY